

TRANSFORMING TRAUMA INTO ART

A CLING SCREENING AND WORKSHOP SERIES
BY ENISHA BREWSTER



A LECTURE + SEMINAR
DESIGNED FOR
UNDERGRADUATES
AND ARTISTS

THE WHY

Intent

To encourage up-and-coming creatives to use their lived experiences to create impactful art and identify ways to improve their mental health.

ABOUT ENISHA BREWSTER

Artist

Enisha Brewster is an American actress from Long Island, New York and earned a Bachelors of Arts in psychology from Clark Atlanta University. Her television credits include Good Trouble, NCIS: Hawaii, 9-1-1, S.W.A.T., Grey's Anatomy, Puppy Place, All American, Fresh Off the Boat, Hap and Leonard, Perception, The Vampire Diaries, One Tree Hill, and Meet the Browns. CLING, Enisha's award winning short film, had a successful 2022 film festival run and is now playing on YouTube. At the start of her on-camera career, Enisha rounded out the supporting cast in Paramount Picture's remake of Footloose and starred in Halo 4: Forward Unto Dawn.

Educator

Enisha was a teaching artist in both Atlanta and Los Angeles for students of various ages, designing art and art-integrated programming for public school students and educators for more than 12 years. From leading months-long residencies at elementary and middle schools, to facilitating professional development workshops for adults, Enisha has always made her artistry accessible and purposefully integrating and inspiring.

PROGRAM FORMAT

Part 1

50 Minutes

50-300 Participants

\$2,500

Enisha Brewster shares her experience as an actor in Hollywood and how she created her own artistic lane by transforming a traumatic interpersonal relationship into the inspiration for a short film. The assembly will touch on mental health, the functions of art throughout ancient history as well as modern art, and activating one's own creative engine through the 7-Step guide I. M.A.T.T.E.R. The assembly ends with a screening of the short film CLING and Q&A.

Part 2

120 Minutes

10-50 Participants

\$2,500

Participants use a scripted scene from the short film CLING to identify technical and creative elements of a scene for a screenplay. *(Alternative: Participants use a scene from a play decided upon by school representatives to identify the technical and creative elements.)* With guided exploration from Enisha Brewster and a participating writing professional, participants then brainstorm, write, and have the option to share their new scenes.

CONTACT

email

brussoinc@gmail.com

website

www.enishabrewster.com/trauma-into-art