

# TRANSFORMING TRAUMA INTO ART

A CLING SCREENING AND WORKSHOP SERIES  
BY ENISHA BREWSTER



A LECTURE + WORKSHOP  
DESIGNED FOR  
UNDERGRADUATES AND  
ARTISTS

## THE WHY

### Intent

To encourage up-and-coming creatives to use their lived experiences to create impactful art and identify ways to improve their mental health.

## ABOUT ENISHA BREWSTER

### Artist

Enisha Brewster is an American actress from Long Island, New York and earned a Bachelors of Arts in psychology from Clark Atlanta University. Her television credits include Good Trouble, NCIS: Hawaii, 9-1-1, S.W.A.T., Grey's Anatomy, Puppy Place, All American, Fresh Off the Boat, Hap and Leonard, Perception, The Vampire Diaries, One Tree Hill, and Meet the Browns. CLING, Enisha's award winning short film, had a successful 2022 film festival run and is now playing on YouTube. At the start of her on-camera career, Enisha rounded out the supporting cast in Paramount Picture's remake of Footloose and starred in Halo 4: Forward Unto Dawn.

### Educator

Enisha was a teaching artist in both Atlanta and Los Angeles for students of various ages, designing art and art-integrated programming for public school students and educators for more than 12 years. From leading months-long residencies at elementary and middle schools, to facilitating professional development workshops for adults, Enisha has always made her artistry accessible and purposefully integrating and inspiring.

## PROGRAM FORMAT

### Lecture & Screening

50 Minutes

50-300 Participants

In-Person or Virtual

\$2,500

Enisha Brewster shares her experience as an actor in Hollywood and how she created her own artistic lane by transforming a traumatic interpersonal relationship into the inspiration for a short film. The assembly will touch on mental health, the functions of art throughout ancient history as well as modern art, and activating one's own creative engine through the 7-Step guide I. M.A.T.T.E.R. The assembly ends with a screening of the short film CLING and Q&A.

### Screenwriting Workshop

120 Minutes

10-50 Participants

In-Person

\$2,500

Participants use a scripted scene from the short film CLING to identify technical and creative elements of a scene for a screenplay. *(Alternative: Participants use a scene from a play decided upon by school representatives to identify the technical and creative elements.)* With guided exploration from Enisha Brewster and a participating writing professional, participants then brainstorm, write, and have the option to share their new scenes.

## CONTACT

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